

COMMUNICATING THROUGH RUGBY COACHING



HWB - CONFIDENT INDIVIDUALS

FROM SIDELINE TO TRY LINE—COMMUNICATION THAT WINS.

The main aim of this course is to help you develop the skills and knowledge needed to become a qualified rugby coach and referee.

Throughout the course, you will take part in both practical and classroom sessions and be mentored and supported as you learn.

You will have the chance to coach at primary schools, lead and organise festivals throughout the year.

Please note – this course is not just about playing rugby. You will also learn how to coach and referee the game.



SKILLS FOCUS



COMMUNICATING



COLLABORATING



LEADING



CURIOSITY



CREATIVITY



CRITICAL THINKING



INITIATIVE



ADAPTING



FOCUSING



RECOGNITION OF ACHIEVEMENT

Rugby Activators/ Rugby Right course



LEARNING INTENTION, SUCCESS CRITERIA & CAREER OPPORTUNITIES

Learning Intentions

I will:

- improve my communication by giving clear explanations when coaching.
- develop my leadership skills by managing groups effectively.
- Use my initiative to ensure sessions are progressive.
- build my critical thinking skills when refereeing small sided games

Success Criteria

I can:

- communicate clearly so participants understand my instructions.
- Lead the session in a fun, inclusive and safe way.
- fully prepare and plan for my coaching sessions.
- apply the laws of the game in a consistent and fair way.

Career Opportunities

- PE teacher
- Sports coach
- Development officer
- Police officer
- Rugby referee
- Active schools

The Four Capacities

